

NORWACS NEWS

News from women for women about women

Issue 1 | September 2023



NEWS

COMMUNITY

CULTURE

INTEREST



NEWS

New Staff Members

Over the past few months our dynamic and growing organisation has been so fortunate in welcoming on board Jacqueline Alinaitwe - NORWACS' Operations Manager; Alyse Parham - WORTH Project Manager and Lismore Women's Health & Resource Centre Counsellor; Emma Pearce - Intake, Referral and Support worker and Daniela Bataglia, our new Counsellor who will be working with Lismore Women's Health & Resource Centre.

*** Pictured above are Emma, Alyse and Jacqui (L to R) ***

We are currently on the look out for a Nurse.

Please press on the jobs link below for all the details.

[JOBS LINK](#)

The Lismore Women's Festival Working Group is having it's first meeting at 2pm on Tuesday, 5 September. If you'd like to be a part of this organising committee please contact Madeleine @ projects@norwacs.org.au

WORKSHOPS & GROUPS

We facilitate regular workshops and groups over a range of topics. Please reach out if you'd like to partner with us. For details of current offerings press on this Events link:

[EVENTS
LINK](#)



ROOM FOR HIRE

488 Ballina Rd, Goonellabah

We have a beautiful new premises and are wanting to share the space which includes a conference room, counselling room and meeting room. Press on the link below for all the details.

[DETAILS](#) ➤

MEDICAL ABORTION ACCESS

The medical abortion pill, MS2STEP, will become easier to access under new rules that will enable more doctors and nurse practitioners to prescribe it, and any pharmacist to stock it. We know that MS2STEP is a safe and effective option for abortion, and we are thankful to see the Therapeutic Goods Administration decision reflecting that. This is particularly positive news for rural and regional women.

For further information:

[Pregnancy Choices Helpline](#)

For advice please contact us:

[@ Lismore Women](#)



Due to the work of our Intake & Referral Support worker, Krsna Mayshack-Mendero, NORWACS has been successful in finalising a partnership with SPER (State Penalty Enforcement Registry) in QLD which is the equivalent to Office of State Revenue in NSW. Through a Work and Development Order, clients can now pay off their QLD fine in NSW through engaging in group activities such as Shark Cage and Mindful Healing. THANK YOU KRSNA!



STAFF PROFILE

Kristin Alexander

Shark Cage Project Manager
and Group Facilitator

Kristin is a qualified Social Worker and counsellor, who has had a lifelong passion to support and empower all women to have a voice. Originally from California, Kristin has made the Northern Rivers her home for the last 30 years.

Kristin has very graciously answered a few 'ice breaker' questions and now we know what her favourite gift may be as well!

If you could visit any place in the world, where would it be? **Uluru**

Three words your best friend would use to describe you: **Kind, thoughtful and courageous**

Favorite tv show? **Ted Lasso, because it shows that kindness is the true superpower in our world**

What's the one thing you can't live without? **Absolutely cannot live without chocolate!**

Currently, Kristin is facilitating the Shark Cage group program for women who have experienced DFV and/or sexual abuse. The group aims to be a safe space for women to heal and create a new strong and positive sense of themselves, their rights, and boundaries. The next group begins on 25 October.

[**DETAILS
HERE**](#)

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We acknowledge the traditions and culture of the Widjabul Wia-bal People of the Bundjalung Nation, the First Peoples of Lismore, where we live and work. We respect and acknowledge their Elders, past, present, and emerging.